

## THURSDAY WALKS IN FAIRFIELD GLADE

## Thursday Walks meet at Wellness Center Parking Lot (Located at: 130 Stonehenge Drive) & \$:45am 7:45am

Meet at the far end of parking lot- furthest from The Center for prompt departure time of 9.00am. 8:00am
A guide will be there to welcome you and lead the walk.
Walk a variety of routes, mainly on paved surfaces, and between two and three miles in length.
This is a free event open to everyone. Bring your friends.

This is a great opportunity to meet people and stay in shape!

## **No Reservations Required**